

PACKING LIST

What to bring (and what NOT to bring) along with you

Everyone in your group should bring:

- Linens, towels, pillows, blankets (if you are staying in the dorms)
 - Beds are either standard twin size or full size, depending on placement. The safest bet is to bring full size sheets or just a sleeping bag and a flat sheet
- Toiletries such as toothbrush, soap, deodorant, etc.
- Bible
- Clothing for ministry sites
 - Comfortable clothes that you don't mind getting dirty
 - Long pants/sleeves if your worksite requires that
- Clothing for worship/free time
 - Comfortable, weather-appropriate clothes – New Orleans summers are hot!
 - Casual clothing is fine for worship
 - Swimwear (one-piece suits for females; if wearing a two-piece, it must be covered with a dark shirt; no Speedo-style suits for males)
- Sun protection
- Bug spray
- Refillable water bottle
- Rain jacket or umbrella
- Spending money for snacks, souvenirs, worship band/MLab merchandise, etc.

If you are the **GROUP LEADER**, you should also bring:

- MissionLab release forms (for EVERYONE in your group, including adults)
- Final balance payment
- \$100 key/room/campus property deposit
- Coolers to hold drinks/water for your team while they're at ministry sites
- Any supplies/tools your team will be using at your ministry sites

WHAT YOUR GROUP SHOULD NOT BRING WITH THEM:

- Alcohol
- Illegal substances
- Firearms
- Fireworks
- Dangerous weapons
- Clothing that advertises alcohol, tobacco, or illegal drugs
- Clothing that explicitly or implicitly promotes racism, sexism, hatred of any group or person, or explicitly or implicitly refers to sexual actions or situations
- Skateboards
- Scooters
- Items that may be used for pranks such as shaving cream, silly string, etc. Pranks are not allowed at MissionLab. Your group will be charged for any damages or issues related to cleanup.